

# Jobs and Skills Resource List

## I am looking for a job!

Fresh Graduates: Click [here](#).

Mid-Career Switchers: Click [here](#).

Seniors: Click [here](#).

Others: Click [here](#).

## How to upgrade your skills?

Click [here](#) to find out how you can upgrade your skills.

## Other Resources

Click [here](#) for more resources.

# For Fresh Graduates

## 1. Opening SkillsFuture Credit (Base Tier)

One-time S\$500 credit for all Singapore Citizens aged 25+ to use on eligible courses on MySkillsFuture portal.

[https://www.myskillsfuture.gov.sg/content/portal/en/career-resources/career-resources/education-career-personal-development/SkillsFuture\\_Credit.html](https://www.myskillsfuture.gov.sg/content/portal/en/career-resources/career-resources/education-career-personal-development/SkillsFuture_Credit.html)

**Eligibility Criteria** - Singapore Citizens aged 25 and above

## 2. One-off SkillsFuture Credit Top-up (2020)

Additional S\$500 top-up for Singapore Citizens aged 25+ as of 31 Dec 2020. Must be used and claimed by 31 Dec 2025.

<https://www.myskillsfuture.gov.sg/content/portal/en/index.html#>

**Eligibility Criteria** - Singapore Citizens aged 25 and above as of 2020

## 3. SkillsFuture Series

A curated list of short, industry-relevant training programmes that focuses on emerging skills in the four economic growth pillars (Digital, Green, Care, and Industry 4.0).

<https://www.myskillsfuture.gov.sg/content/portal/en/career-resources/career-resources/education-career-personal-development/skillsfuture-series.html>

**Eligibility Criteria** - Singapore Citizens and Singapore Permanent Residents

## 4. SkillsFuture Work-Study Programmes

For Fresh ITE and Polytechnic Graduates: SkillsFuture Work-Study Programmes provide valuable work-study opportunities, e.g., full-time employment, mentoring, on-the-job training, industry-recognised certificate.

[https://programmes.myskillsfuture.gov.sg/WorkStudyIndividualProgrammes/Programme\\_Summary.aspx](https://programmes.myskillsfuture.gov.sg/WorkStudyIndividualProgrammes/Programme_Summary.aspx)

**Eligibility Criteria** - Singaporeans and Singapore Permanent Residents who are within three years of either graduation from the ITE and Polytechnics or the Operational Ready Date for full-time National Servicemen

## 5. Career Coaching

One-on-one sessions with career coaches for advice on pathways, training, and job matching.

### a. Develop Your Career (Subscription Service)

Access to 75,000+ courses at S\$5.40/month, plus up to S\$500 worth of training benefits and workshops.

### b. Digi-Fam

Digital platform offering self-paced resources to chart careers, develop digital skills, and network with professionals.

<https://www.ntuc.org.sg/uportal//programmes>

**Eligibility Criteria** - NTUC Members

## 7. Youth Career Network

Volunteer-driven peer career support for youth, offering guidance and networking.

<https://www.myskillsfuture.gov.sg/content/portal/en/index.html#>

**Eligibility Criteria** - Youth (NTUC-affiliated or union members)

# For Fresh Graduates

## 8. Graduate Industry Traineeships (GRIT) Programme)

The GRaduate Industry Traineeships (GRIT) Programme is an initiative by Workforce Singapore (WSG) that offers fresh graduates with traineeship opportunities for a period of 3 to 6 months across various sectors. .

<https://www.wsg.gov.sg/home/individuals/attachment-placement-programmes/graduate-industry-traineeships>

**Eligibility Criteria** - All trainees must fulfil the following criteria:

- Singapore Citizen or Permanent Resident; and
  - a. Graduated in 2024 or 2025 from Universities, Polytechnics, Institutes of Technical Education (ITE), or other Educational Institutions (e.g. private universities and overseas institutions); or
  - b. Graduated earlier from above institutions and completed National Service in 2024 or 2025

Trainees who complete their studies from Universities, Polytechnics, Institutes of Technical Education (ITE) or other Educational Institutions within 2025 but will only receive their qualification/certification award in 2026 are eligible for the programme as well.

# For Mid-Career Switchers

## 1. SSG SkillsFuture Credits

S\$4,000 top-up for Singapore Citizens aged 40+. Can be used for curated courses (IHL qualifications, SCTP, PWM-aligned, workplace literacy). Non-expiring.

<https://www.skillsfuture.gov.sg/initiatives/individuals/midcareer>

## 2. Mid-Career Training Allowance (TA)

Monthly allowance for training: 50% of income (min S\$300, max S\$3,000) for full-time (from Apr 2025) or flat S\$300/month for part-time (from early 2026). Lifetime cap: 24 months.

<https://www.myskillsfuture.gov.sg/content/portal/en/career-resources/career-resources/education-career-personal-development/SkillsFuture-Mid-Career-Training-Allowance.html>

## 3. Mid-Career Enhanced Subsidy (MCES)

Up to 90% subsidy for full-time diploma programmes at ITE, Polytechnics, and Arts Institutions. Effective from AY2025.

<https://www.skillsfuture.gov.sg/initiatives/individuals/enhancedsubsidy>

**Eligibility Criteria** - Singapore Citizens aged 40 and above.

## 4. SkillsFuture Career Transition Programme (SCTP)

Structured 3–6 month industry-relevant training with career advisory and job placement support.

<https://www.skillsfuture.gov.sg/sctp>

**Eligibility Criteria** - Singapore Citizens & PRs, especially mid-career individuals.

## 5. Career Stages Services

Digital self-service tools for jobseekers: Resume Builder, AI Interviewer, career assessments, industry insights, and events.

<https://www.e2i.com.sg/career-stages>

## 6. General Career Advice & Resources

Career coaching, retrenchment support, and digital resources accessible via e2i's platform.

<https://www.e2i.com.sg/individuals>

**Eligibility Criteria** - All individuals at different career stages.

## 7. Executive Mentorship Programme

Personalised one-to-one mentoring from experienced industry professionals.

<https://www.ntuc.org.sg/uportal/how-we-help/develop-your-career>

**Eligibility Criteria** - Economically active individuals eligible to use SkillsFuture Credit.



# For Mid-Career Switchers

## 8. Career Conversion Programmes (CCP)

Reskilling pathways (Place-and-Train, Attach-and-Train, Job Redesign) with up to 90% salary support for employers and training subsidies for workers.

<https://www.wsg.gov.sg/home/individuals/attachment-placement-programmes/career-conversion-programmes-for-individuals>

**Eligibility Criteria** - Singapore Citizens & PRs, aged 21+, for career switch into growth sectors.

## 9. Mid-Career Pathways Programme (MCP)

4–6 month company attachment with allowance (S\$1,800–S\$3,800/month) to gain industry experience and improve employability.

<https://www.wsg.gov.sg/home/individuals/attachment-placement-programmes/mid-career-pathways-programme-for-mature-mid-career-individuals>

**Eligibility Criteria** - Singapore Citizens & PRs, aged 40+.

## 10. Overseas Markets Immersion Programme (OMIP)

Overseas attachments with up to 70% support for salary and allowances to gain global exposure.

<https://www.wsg.gov.sg/home/individuals/attachment-placement-programmes/omip-for-employees>

**Eligibility Criteria** - Singapore Citizens & PRs, aged 21+, meeting NS/graduation and relocation criteria.

## 11. Volunteer Career Advisors (VCA) Initiative

Industry professionals volunteer to provide sector-specific peer guidance and link jobseekers to opportunities

<https://www.wsg.gov.sg/home/individuals/attachment-placement-programmes/volunteer-career-advisors-initiative>

**Eligibility Criteria** - Singapore Citizens & PRs, especially mature workers.

## 12. Polaris Career Guidance Programmes

Structured career coaching (Career Discovery, Health Check, Navigator Lite/Pro) to develop Career Development Plans, using SkillsFuture Credit.

<https://www.wsg.gov.sg/home/individuals/career-matching-guidance/polaris>

**Eligibility Criteria** - Economically active individuals eligible to use SkillsFuture Credit.

## 13. SkillsFuture Jobseeker Support (JSS) Scheme

Provides financial support (up to S\$6,000 over 6 months) plus career coaching and job search assistance to involuntarily unemployed jobseekers.

<https://www.wsg.gov.sg/home/individuals/jobseeker-support>

**Eligibility Criteria** - Involuntarily unemployed Singapore residents.

## 14. Workfare Skills Support (WSS) Scheme

Training allowance (S\$6/hour up to 180 hours), commitment awards, absentee payroll support. Enhanced WSS (from 2026) up to S\$18K/year full-time or S\$3.6K/year part-time.

[https://www.wsg.gov.sg/home/individuals/attachment-placement-programmes/workfare-skills-support-scheme?gad\\_source=1&gad\\_campaignid=20312692040&gbraid=0AAAAADMYs3\\_KS2s\\_W-7NscBdAm2DheVk6&gclid=EAlalQobChMI-NT8qoaujwMVxqRmAh3dKS8BEAAYASAAEgLK1fD\\_BwE](https://www.wsg.gov.sg/home/individuals/attachment-placement-programmes/workfare-skills-support-scheme?gad_source=1&gad_campaignid=20312692040&gbraid=0AAAAADMYs3_KS2s_W-7NscBdAm2DheVk6&gclid=EAlalQobChMI-NT8qoaujwMVxqRmAh3dKS8BEAAYASAAEgLK1fD_BwE)

**Eligibility Criteria** - Singapore Citizen;

- At least 30 years old, or at least 13 years old for Persons with Special Needs;
- Currently employed (include Self-Employed Persons who declare his/her Net Trade Income or work done in the preceding Work Year and made MediSave contributions);
- Earns an average gross monthly income<sup>1</sup> of not more than \$3,000 (From Jul 2025 onwards<sup>2</sup>) for the past 12 months;
- Lives in a property with an annual value of less than \$21,000 assessed as at 31 December of the preceding year;
- Owns fewer than two properties; and
- If married:
  1. Together with spouse, own fewer than two properties; and
  2. Spouse's assessable income for the preceding Year of Assessment is less than \$70,000.

# For Seniors

## 1. SSG SkillsFuture Credits

S\$4,000 top-up for Singapore Citizens aged 40+. Can be used for curated courses (IHL qualifications, SCTP, PWM-aligned, workplace literacy). Non-expiring.

<https://www.skillsfuture.gov.sg/initiatives/individuals/midcareer>

**Eligibility Criteria** - Singapore Citizens aged 40 and above.

## 2. Career Stages Services

Digital self-service tools for jobseekers: Resume Builder, AI Interviewer, career assessments, industry insights, and events.

<https://www.e2i.com.sg/career-stages/>

## 3. General Career Advice & Resources

Career coaching, retrenchment support, and digital resources accessible via e2i's platform.

<https://www.e2i.com.sg/individuals>

**Eligibility Criteria** - All individuals at different career stages.

## 4. Volunteer Career Advisors (VCA) Initiative

Industry professionals volunteer to provide sector-specific peer guidance and link jobseekers to opportunities

<https://www.wsg.gov.sg/home/individuals/attachment-placement-programmes/volunteer-career-advisors-initiative>

**Eligibility Criteria** - Singapore Citizens & PRs, especially mature workers.

## 5. SkillsFuture Jobseeker Support (JSS) Scheme

Provides financial support (up to S\$6,000 over 6 months) plus career coaching and job search assistance to involuntarily unemployed jobseekers.

<https://www.wsg.gov.sg/home/individuals/jobseeker-support>

**Eligibility Criteria** - Involuntarily unemployed Singapore residents.

# For Others

## 1. Job Opportunities (Yellow Ribbon)

Helps ex-offenders reintegrate through job matching, training, and support.

<https://www.yellowribbon.gov.sg/prep/find-jobs?page=1&category=&keyword=&sort=&location=&salary=>

**Eligibility Criteria** - Ex-offenders who are Singapore Citizens or PRs.

## 2. Workfare Skills Support (WSS) Scheme

Training allowance (S\$6/hour up to 180 hours), commitment awards, absentee payroll support. Enhanced WSS (from 2026) up to S\$18K/year full-time or S\$3.6K/year part-time.

[https://www.wsg.gov.sg/home/individuals/attachment-placement-programmes/workfare-skills-support-scheme?gad\\_source=1&gad\\_campaignid=20312692040&gbraid=0AAAAADMYs3\\_KS2s\\_W-7NscBdAm2DheVk6&gclid=EAlaIQobChMI-NT8qoaujwMVxqRmA3dKS8BEAAYASAAEgLK1fD\\_BwE](https://www.wsg.gov.sg/home/individuals/attachment-placement-programmes/workfare-skills-support-scheme?gad_source=1&gad_campaignid=20312692040&gbraid=0AAAAADMYs3_KS2s_W-7NscBdAm2DheVk6&gclid=EAlaIQobChMI-NT8qoaujwMVxqRmA3dKS8BEAAYASAAEgLK1fD_BwE)

**Eligibility Criteria** - Singapore Citizen;

- At least 30 years old, or at least 13 years old for Persons with Special Needs;
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- Lives in a property with an annual value of less than \$21,000 assessed as at 31 December of the preceding year;
- Owns fewer than two properties; and
- If married:
  1. Together with spouse, own fewer than two properties; and
  2. Spouse's assessable income for the preceding Year of Assessment is less than \$70,000.

## 3. Employment Support for Persons with Disabilities

Career coaching, training subsidies up to 95%, training allowance (S\$6/hour), and completion awards.

<https://www.wsg.gov.sg/home/individuals/attachment-placement-programmes/support-for-persons-with-disabilities>

**Eligibility Criteria** - Persons with disabilities who are Singapore Citizens or PRs.

## 4. SkillsFuture Jobseeker Support (JS) Scheme

Provides financial support (up to S\$6,000 over 6 months) plus career coaching and job search assistance to involuntarily unemployed jobseekers.

<https://www.wsg.gov.sg/home/individuals/jobseeker-support>

**Eligibility Criteria** - Involuntarily unemployed Singapore residents.



# How to upgrade your skills?

## 1. Opening SkillsFuture Credit (Base Tier)

One-time S\$500 credit for all Singapore Citizens aged 25+ to use on eligible courses on MySkillsFuture portal. Never expires.

## 2. One-off SkillsFuture Credit Top-up (2020)

Additional S\$500 top-up for Singapore Citizens aged 25+ as of 31 Dec 2020. Must be used and claimed by 31 Dec 2025

<https://ask.gov.sg/skillsfuture/questions/cluhzew8m0055s7nefttg4db7>

**Eligibility Criteria** - Singapore Citizens aged 25 and above.

## 3. SkillsFuture Credit (Mid-Career, 2024 onwards)

S\$4,000 top-up for Singapore Citizens aged 40+. Can be used for curated courses (IHL qualifications, SCTP, PWM-aligned, workplace literacy). Non-expiring.

<https://supportgowhere.life.gov.sg/schemes/SFC-MID-CAREER/skillsfuture-credit-mid-career>

**Eligibility Criteria** - Singapore Citizens aged 40 and above.

## 4. SkillsFuture Series

The SkillsFuture Series is a curated list of short, industry-relevant training programmes that focuses on emerging skills in the four economic growth pillars (Digital, Green, Care, and Industry 4.0).

<https://www.myskillsfuture.gov.sg/content/portal/en/index.html>

**Eligibility Criteria** - Singapore Citizens and Singapore Permanent Residents

## 5. Mid-Career Training Allowance (TA)

Monthly allowance for training: 50% of income (min S\$300, max S\$3,000) for full-time (from Apr 2025) or flat S\$300/month for part-time (from early 2026). Lifetime cap: 24 months.

## 6. Mid-Career Enhanced Subsidy (MCES)

Up to 90% subsidy for full-time diploma programmes at ITE, Polytechnics, and Arts Institutions. Effective from AY2025.

<https://www.skillsfuture.gov.sg/initiatives/individuals/enhancedsubsidy>

**Eligibility Criteria** - Singapore Citizens aged 40 and above.

## 7. SkillsFuture Career Transition Programme (SCTP)

Structured 3–6 month industry-relevant training with career advisory and job placement support.

<https://www.skillsfuture.gov.sg/sctp>

**Eligibility Criteria** - Singapore Citizens & PRs, especially mid-career individuals.



# How to upgrade your skills?

## 1. Career Coaching

One-on-one sessions with career coaches for advice on pathways, training, and job matching.

### a. Develop Your Career (Subscription Service)

Access to 75,000+ courses at S\$5.40/month, plus up to S\$500 worth of training benefits and workshops.

### b. Digi-Fam

Digital platform offering self-paced resources to chart careers, develop digital skills, and network with professionals.

<https://www.ntuc.org.sg/uportal//programmes>

**Eligibility Criteria** - NTUC Members

## 2. Executive Mentorship Programme

Personalised one-to-one mentoring from experienced industry professionals.

<https://www.ntuc.org.sg/uportal/how-we-help/develop-your-career>

**Eligibility Criteria** - Economically active individuals eligible to use SkillsFuture Credit.

## 3. Career Stages Services

Digital self-service tools for jobseekers: Resume Builder, AI Interviewer, career assessments, industry insights, and events.

<https://www.e2i.com.sg/career-stages>

**Eligibility Criteria** - All individuals at different career stages.

## 4. General Career Advice & Resources

Career coaching, retrenchment support, and digital resources accessible via e2i's platform.

<https://www.e2i.com.sg/individuals>

**Eligibility Criteria** - All jobseekers.

# Other Resources

**1. WSG Career Conversations Guide Book**

<https://www.wsg.gov.sg/home/individuals/career-conversations-guidebook>

**2. WSG Career GRIT**

<https://www.careergrit.sg/learning-on-the-go>

**3. Skillsfuture – RIASEC Profiling Tool**

<https://www.myskillsfuture.gov.sg/content/portal/en/assessment/landing.html>

**4. Skillsfuture – One-stop platform**

<https://jobsandskills.skillsfuture.gov.sg/>

**5. MyCareersFuture Portal**

<https://www.mycareersfuture.gov.sg/>