

For immediate release

Media Release

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News Editor

APPRECIATING PUBLIC HEALTHCARE WORKERS WITH 5,000 SPECIALLY CURATED CARE PACKS

- **5,000 frontline healthcare staff received care packs worth \$350,000**
- **Health supplements and handmade greeting card packed in appreciation of effort during the COVID-19 pandemic**

South West Community Development Council (CDC) partnered Project Wellness, a ground up initiative, and Nanyang Technological University's Alumni Club to provide appreciation care packs for 5,000 healthcare workers from Ng Teng Fong General Hospital, Jurong Community Hospital and St Luke's Hospital as part of Project Appreciation @ South West. The initiative is supported by Guardian Singapore and Jurong and Yuan Ching Secondary Schools.

2 The care pack distribution to staff from the Ng Teng Fong General Hospital took place on Wednesday, 8 December 2021. The care packs included personal hygiene essentials, face masks, hand sanitizer, multi-vitamins as well as TraceTogether pouches or tissue pouches handmade by volunteers from Project Wellness and handmade greeting cards with well wishes penned by students from Jurong and Yuan Ching Secondary Schools. The care packs were specially curated for the healthcare staff to keep themselves safe and healthy while attending to the needs of the patients.

3 Ms Low Yen Ling, Mayor of South West District said, "COVID-19 has placed extraordinary stress on healthcare workers - from worry and exhaustion, to the fear

of infecting their loved ones. They bore the brunt of the pandemic and shielded us with their care and dedication. These 5,000 care packs are a gesture of our heartfelt appreciation to thank them for their tireless work and sacrifices. Without them holding the fort, we wouldn't have been able to keep healthcare services up and running. The community recognises their tremendous contributions in keeping our nation safe, and together, we hope to bring them encouragement by showing our care for them.”

4 “Our team of over 100 volunteers appreciate the hard work and sacrifice put in by frontliners especially from the healthcare sector. Many of us have family members and friends working in this industry, and we would like to share our appreciation by partnering the South West CDC for Project Appreciation. Through this, we aim to send essential products and handmade item to send heartfelt wishes to frontliners in the healthcare sector,” shared Ms Rosalind Ang, Project Lead at Project Wellness.

5 “The COVID-19 journey has been long and undoubtedly exhausting for everyone. As healthcare workers, we are heartened by this initiative spearheaded by South West CDC. The generous donations and words of encouragement will keep up our fighting spirit. We will stand together with Singapore and continue our journey towards COVID-resilience,” said Dr Quek Lit Sin, Chief Executive Officer, Ng Teng Fong General Hospital.

6 “Efforts like these by the community remind us that we are appreciated. Some of the handmade greeting cards in the care packs refer to us as heroes. When we joined this line of work, we never thought of ourselves as heroes. But I’m grateful that the community sees and values our contribution,” said Dr Surinder Kaur, Head of Division & Senior Consultant, Division of Infectious Diseases, Department of Medicine, Ng Teng Fong General Hospital.

7 “We are touched by the meticulous and thoughtful compilation of care pack items, in particular, the beautiful, handcrafted card and heart-warming words of encouragement. It cheers us on as we continue to navigate through this pandemic

while serving, loving and healing our patients,” said Ms Chan Shu Cheng, Staff Nurse at St Luke's Hospital.

8 Project Appreciation @ South West is one of the initiatives under Adopt @ South West. Adopt @ South West was launched in 2007 to provide social support and uplift the lives of vulnerable residents and community in South West District by rallying support from corporate partners and community stakeholders to address the needs of residents.

9 **Photos and captions** (*high res can be downloaded via this [link](#)*)



Mayor Low (*centre, in red*) and Dr Quek Lit Sin, Chief Executive Officer, Ng Teng Fong General Hospital (NTFGH) (*third from left*), together with staff from NTFGH (*from left to right*) Dr Surinder Kaur, Head of Division & Senior Consultant, Division of Infectious Diseases, Department of Medicine, Kelvin Heng, Radiographer, Saraswathi D/O Nadarasan, Patient Service Associate, and Nuraini Binte Hassan, Staff Nurse.



Mayor Low and Dr Quek Lit Sin, together with *(back row, from left to right)* Mr Jerome Lau, President, NTU Alumni Club, Mr Ng Kian Swan, Chief Operating Officer, NTFGH, Ms Tay Meishuang, Director and Assistant General Counsel, P&G, together with staff from NTFGH.



Mayor Low and Dr Quek handing the care pack to Dr Surinder Kaur, who is very appreciative of this sweet gesture.



Mayor Low and Dr Quek handing the care pack to radiographer Kelvin Heng, who found the items in the care pack useful, especially the face masks and disinfectant which will help protect them even more.



Mayor Low, Dr Quek, Nuraini Binte Hassan and Kelvin Heng looking at the greeting cards made by Project Wellness, penned with well wishes from students from Jurong and Yuan Ching Secondary Schools.



Mayor Low, Dr Quek, Saraswathi D/O Nadarasan, Nuraini Binte Hassan and Kelvin Heng posing with some of the handmade greeting cards from the care packs.



Mayor Low, Dr Quek, Mr Jerome Lau and Ms Tay Meishuang looking at some of the handmade greeting cards from the care packs.



Mayor Low, Dr Quek, Mr Jerome Lau and Ms Tay Meishuang taking a group photo with the care packs.

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About the South West Community Development Council (CDC)

The South West Community Development Council (CDC) was formed on 24 November 2001, with the mission to Assist the Needy, Bond the People and Connect the Community.

Through local help programmes, the South West CDC provides assistance to help the less fortunate in our community. The South West CDC also organises projects and programmes to promote community bonding and social cohesion. The South West CDC adopts the "Many Helping Hands" approach to encourage community ownership among residents, community partners and corporations to realise its vision of "Owning Your Community".

Ms Low Yen Ling was appointed the Mayor of South West District on 27 May 2014. Ms Low is also the Minister of State, Ministry of Culture, Community and Youth (MCCY) & Ministry of Trade and Industry (MTI) & Adviser to Chua Chu Kang GRC.

For more information, please visit: www.cdc.gov.sg/southwest