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## PRESS RELEASE

### NEW ONLINE INTERACTIVE GAME LAUNCHED TO EDUCATE YOUTH AND YOUNG ADULTS ABOUT PALLIATIVE CARE IN CONJUNCTION WITH WORLD HOSPICE AND PALLIATIVE CARE DAY

**SINGAPORE, 6 OCTOBER 2021** – Singapore Hospice Council (SHC) and South West Community Development Council (CDC) will jointly organise a virtual concert on Saturday, 9 October 2021, 2pm to commemorate the World Hospice and Palliative Care Day (WHPCD). At the virtual event, Dr Chong Poh Heng, SHC Vice-Chairman and Ms Low Yen Ling, Mayor of South West District, will launch a new online interactive game to educate youth and young adults about palliative care. The 45-minute concert will be live-streamed on SHC's Facebook at [www.facebook.com/singaporehospice](http://www.facebook.com/singaporehospice).

1. WHPCD is a unified day of action to celebrate and support hospice and palliative care around the world. It is a day to honour all palliative care healthcare workers, volunteers, seriously ill patients and their families and caregivers. In addition to commemorating WHPCD, the concert aims to bring awareness about the availability and accessibility of hospice and palliative care services to the residents in South West District.
2. This year's theme "**Leave No One Behind**" is a fitting theme as SHC and SWCDC strengthen their support for patients with life-threatening illnesses and caregivers and bring the community together to honour palliative healthcare workers and all others who have contributed to improving the quality of life of their patients.
3. Ms Low Yen Ling, Mayor of South West District will launch SHC's first of three episodes of online game called "The Living Game". The game aims to educate youths and young adults about palliative care services and support available to journey with the terminally-ill patients and their families to live well and eventually leave well. *"It's never too early to teach the young about palliative care,"* said Mayor Low. *"For at some point of their lives, they would know someone who needs palliative care or be in a position to give care and comfort. South West CDC has long championed better support for caregivers and we are pleased to partner Singapore Hospice Council to enhance, support and better address the needs of palliative care patients, caregivers and their families. We hope the interactive*



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*game that simulates the palliative care journey will bring meaningful insights to youths and the public about the role of palliative care and how it helps caregivers and their loved ones live and leave well."*

4. Other highlights of the programme will include dance showcase by top 5 entries for TikTok competition and performances by local artistes singing their original composed songs.
5. SHC currently has 25 member organisations that are actively providing hospice and palliative care services in Singapore with seven of them serving the residents in South West District. These organisations provide palliative care services in three settings – either home care, day care and/or inpatient. They are HCA Hospice Care, MWS Home Care & Hospice Care, Ng Teng Fong General Hospital, St Joseph's Home, St Luke's Hospital, Singapore Cancer Society and Tzu Chi Foundation.
6. This is not the first time SHC is collaborating with SWCDC. The collaboration journey began in 2018 when they organised roadshows and carnival for the residents in the district. SHC had also organised palliative care talks at Bukit Batok Library, a community event at the Westgate mall in Jurong and most recently, a virtual talk for caregivers.
7. From now until 30 November 2021, SHC holds an exhibition in Jurong Regional library where members of the public will get to know more about palliative care and they can help themselves to useful resource publications such as illustrated Life Books and caregiving support materials.
8. In the coming months, SHC and SWCDC will focus on implementing long-term programmes to strengthen support and better address the needs of the patients, caregivers and their families by making relevant resources and services available such as caregiver respite care services, financial support and caregiver empowerment and training.
9. Dr Chong Poh Heng, Vice-Chairman of SHC said, "*Caregivers play a vital role in supporting seniors. By moving away from individual to collective caregiving, SHC hopes to continue to work alongside with South West CDC to strengthen support for caregiving.*"



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10. As part of the events leading up to the World Hospice and Palliative Care Day 2021, Han's Union is sponsoring by contributing plant-based rice bento meals made healthier by Alchemy Fibre™ and Soapsdaily is partially sponsoring environmental-friendly soap. About 420 patients and healthcare workers of SHC's member organisations located in South West District will benefit from these gifting.

## Reference

### About "The Living Game"

This interactive story game is designed based on mapping out the journey of a youth as a patient, a loving daughter as a caregiver and a dedicated volunteer in palliative care where they will need to make key decisions as one selects the game scenarios and learns about the various outcomes. The purpose of this role-play game is to educate youths and young adults aged 18 to 35 years about living well and how they can learn via the game to enhance their understanding about palliative care and to support those who they loved, to live well and eventually leave well. The game will be available at <https://game.singaporehospice.org.sg> after the launch on 9 October.

Quote from a young adult during game trial test:

*"Before the game, I had the perception that palliative care is applicable only to the old. I could not see the correlation between palliative care and a young person. However, as I ventured into the game and the story builds up, I was able to understand how important it is to be aware about having the conversations, the care options and seeking the right support. Overall the game has provided an overview about the care options while I learn on-the-go."*



### Programme Line-up

	Time	Programme
<b>Opening</b>	2pm – 2.10pm	Emcee Introduction to Event
		Message by Dr Chong Poh Heng, SHC Vice-Chairman
		Message by GOH Mayor Low Yen Ling, South West District
		Launch of The Living Game by GOH and SHC
<b>Programme</b>	2.10pm – 2.15pm	Intro video of services / engagement related to Palliative Care / Caregivers in SHC member org within South West CDC
	2.15pm – 2.25pm	Showcase of shortlisted TikTok Competition contestants
	2.25pm – 2.40pm	Song Performances
	2.40pm – 2.45pm	Announcement of TikTok Competition Winner
		SHC's Appreciation Video Clip to Healthcare Workers
		Closure Message by Emcee

### Publicity Poster

IN CELEBRATION OF  
WORLD HOSPICE AND PALLIATIVE CARE DAY 2021



JOIN US THIS  
SATURDAY, 9 OCTOBER  
2:00PM-2:45PM

 **LIVE**

@singaporehospice

FOR MORE INFO PLEASE VISIT  
SINGAPOREHOSPICE.ORG.SG



GUEST OF HONOUR  
MS LOW YEN LING  
MAYOR OF SOUTH WEST DISTRICT

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## **MEDIA CONTACT**

Christina Wee (Ms)

Communications and Community Relations Manager

Tel: +65 6538 2231

Mobile: +65 9797 9121

Email: [christina@singaporehospice.org.sg](mailto:christina@singaporehospice.org.sg)

Teri Quek (Ms)

Manager (Corporate Management and Communications)

Tel: +65 6551 9278

Mobile: +65 9747 5500

Email: [teri\\_quek@pa.gov.sg](mailto:teri_quek@pa.gov.sg)

## **ABOUT SINGAPORE HOSPICE COUNCIL <https://www.singaporehospice.org.sg/>**

The Singapore Hospice Council (SHC), established in 1995, is a registered charity and an umbrella body representing organisations that actively provide hospice and palliative care in Singapore. SHC is committed to improving the lives of patients with serious illnesses and to giving support to the loved ones of these patients. It aims to coordinate and promote hospice and palliative care in Singapore; to support the training of doctors, nurses, allied-health workers, caregivers, and volunteers; to improve on the quality of palliative care; and to raise public awareness. It acts as the voice of hospice and palliative care within Singapore and internationally.

### **The SHC has 25 members:**

#### **13 Ordinary Members (comprising of SSAs and Community Hospitals)**

Assisi Hospice, Buddhist Compassion Relief Tzu Chi Foundation (Singapore), Dover Park Hospice, HCA Hospice Care, Metta Hospice Care, MWS Home Care and Home Hospice, Ren Ci Hospital, Singapore Cancer Society, SingHealth Community Hospitals (Bright Vision, Outram, Sengkang), St Andrew's Community Hospital, St Luke's Hospital, St Joseph's Home and Tsao Foundation.



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### 10 Special Members (comprising of Restructured Hospitals and Specialist Centres)

Alexandra Hospital, Changi General Hospital, Khoo Teck Puat Hospital, KK Women's and Children's Hospital, National Cancer Centre Singapore, Ng Teng Fong General Hospital, Sengkang General Hospital, Singapore General Hospital, Tan Tock Seng Hospital and Woodlands Health Campus.

### 2 Affiliate Members

Lien Centre for Palliative Care (LCPC) and Palliative Care Centre for Excellence in Research and Education (PaC).

## **ABOUT THE SOUTH WEST COMMUNITY DEVELOPMENT COUNCIL (CDC)**

The South West Community Development Council (CDC) was formed on 24 November 2001, with the mission to Assist the Needy, Bond the People and Connect the Community.

Through local help programmes, the South West CDC provides assistance to help the less fortunate in our community. The South West CDC also organises projects and programmes to promote community bonding and social cohesion. The South West CDC adopts the "Many Helping Hands" approach to encourage community ownership among residents, community partners and corporations to realise its vision of "Owning Your Community". For more information, please visit: [www.cdc.gov.sg/southwest](http://www.cdc.gov.sg/southwest)

## **ABOUT THE SPONSORS**

Han's Union builds on the tradition of Han's, a café known for great local fare and marries that with the new, that of providing a greater variety of offerings to appeal to both younger and mature diners. To meet consumers' needs, all the three outlets of Han's Union will be adding Alchemy Fibre™ to their rice-based dishes to provide healthier options.

Soapsdaily is a newly formed label with original creation of their own line of bastille soaps which are mostly organic, pro-vegan and natural. Affordable and suitable for adults, kids and even pets.